

## ANDERSON COUNTY RECOVERY

A LIVING FREE COMMUNITY MINISTRY

P.O. BOX 62

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*Be Ye Doers of  
the Word*

December 13, 2018

### STATISTICS REPORT FOR 2018 GROUPS OFFERED & PARTICIPANTS ANDERSON COUNTY RECOVERY

Dear Pastor and Community Leader(s),

Anderson Co. Recovery Living Free Community (ACR) was formed in February 2012 in a response to the communities need for help with addiction. ACR is a tax exempt organization under 501(c)(3) of the Internal Revenue Code, and is recognized by the IRS as such.

**A Living Free Community** ministry utilizes the small group curriculum-based ministry model, introduces biblical solutions and starts its participants on a Life Plan with solid bible-based foundations that doesn't conclude at the end of a small group. Rather, it helps point the way to a life of Christian discipleship and works to transition participants from the care of the Living Free Community ministry to the care of a local participating church.

The primary mission of a **Living Free Community** ministry takes on four distinct focus points, yet not restricted to these four. They are as follows:

- 1. Referral.** Helping those in the latter stages of an addiction to find an appropriate residential treatment or recovery facility for the help they desperately need.
- 2. Relationships.** Helping those, who are somewhat functional, and in earlier stages of their addiction, find help and hope through the small groups, and their personal Life-Plan of Recovery. This may involve ministry at county detention centers, and working with family and drug court participants.
- 3. Realignment.** Helping families of addicts that may be struggling with enabling & co-dependency, establishing healthy family boundaries, as well as restoring healthy family relationships.
- 4. Re-establishment.** Helping program graduates and ex-offenders have the support and accountability they need to be successful and drug free for a lifetime, and continue to grow in their faith that may have taken root during incarceration or program participation

#### **Life-Plan of Recovery**

The Life-Plan of Recovery is based on 5 scriptural components of recovery. These are decision, positive peer choice, accountability, boundaries, & consistency.

This particular letter is to detail the number of participants and groups offered by the grace of God to the people of Anderson Co. in 2018.

**In the last year, God has given Anderson Co. Recovery the opportunity to share the message of the life giving hope of Jesus Christ to hundreds of people. Below is a breakdown of the number of people and groups we were able to offer in 2018. Some participants have enrolled in multiple groups and are counted for each group they attend. The same resources (books, copies, folders, pens, highlighters, etc) are used with each group whether the participant is new or returning. By our estimates there are about 113 participants that have enrolled in more than one group.**

**GROUPS OFFERED: 35**

**Participants: 786**

**ACR Office: Total participants 221**

Powerful Parenting at ACR Office: 63 participants

Substance Abuse at ACR Office: 49 participants

Youth Insight at ACR Office: 14 participants

Restoring Families at ACR Office: 17 participants

Insight Group at ACR Office: 18 participants

Women: Victory Over Trauma at ACR Office: 12 participants

Anger Group at ACR Office: 48 participants

**Emerge Ministries: Total participants 13**

Substance Abuse at Emerge: 13 participants

**Shelby County Detention Center: Total participants 195**

Powerful Parenting (men and women's classes): 154 participants

Anger (women only): 17 participants

Easter and Advent activities: 24 participants

**Woodford County Detention Center : Total participants 62**

Substance Abuse at Woodford Co. Detention Center: 15 participants  
Restoring Families at Woodford Co. Detention Center: 21 participants  
Powerful Parenting at Woodford Co. Detention Center: 21 Participants  
Men's Bible Study Group at Woodford Co. Detention Center: 10 participants  
Anger at Woodford Co. Detention Center: 8 participants

**Northpoint Training Center Prison: Total participants 105**

Insight D at Northpoint prison: 14 participants  
Anger C at Northpoint prison: 18 participants  
Free to Grow at Northpoint prison: 16 participants  
Cross Roads Group at Northpoint prison: 14 participants  
Facing Fear, Finding Faith at Northpoint prison: 9 participants  
Restoring Families at Northpoint prison: 17 participants  
Godly Parenting at Northpoint prison: 17 participants

**Blackburn Correctional Complex Prison: Total participants 58**

Anger at Blackburn prison: 13 participants  
Facing Fear, Finding Faith at Blackburn prison: 19 participants  
Stepping Into Freedom at Blackburn prison: 16 participants  
Where is the Image of God in You at Blackburn prison: 10 participants

**NEW GROUPS OFFERED**

**Boyle County Detention Center: Total participants 71**

Stepping Into Freedom at Boyle County Detention Center: 71 participants

**Fayette Regional Juvenile Detention Center: Total participants 32**

POD 100 at FRJDC: 20 participants  
POD 400 at FRJDC: 12 participants

**Fox Creek Christian Church (ongoing): Total participants 13**

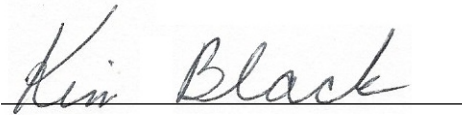
Grief Support at Fox Creek Christian Church: 13 participants

**Ninevah Christian Church: Total participants 16**

Stepping Into Freedom at Ninevah Christian Church: 16 participants

If you would like me to come speak at your church or event I am available to do that.

Thank you for your time.

A handwritten signature in cursive script that reads "Kim Black". The signature is written in black ink on a white background and is positioned above a thin horizontal line.

Anderson Co. Recovery Lifeline Connection  
Kim Black  
Executive Director  
502-839-1695  
[www.andersoncountyrecovery.org](http://www.andersoncountyrecovery.org)  
Psalm 118:17  
"I shall not die, but live, and declare the works of the LORD."